



Study Guide for Groups
Episode 3: Touching Hunger
Topic: Global Hunger

Listen to the interview with former U.S. Senator Elizabeth Dole and Ken Horne, director of the Society of St. Andrew. Engage the group with the following discussion questions, or feel free to summarize your own responses and questions.

- How did you feel listening to Elizabeth Dole talk about global hunger? What thoughts and emotions did her story raise for you? Did you have any “yes—but” thoughts—things you disagreed with?
- What part of Senator Dole’s story impacted you the most? What aspects of her story will you take away with you?
- Ken Horne said, “You’ll run out of hungry people before you run out of wasted food in this country.” What’s your take on the amount of food that is wasted in our country through restaurants, stores, and at home?
- Senator Dole said, “All through the Bible we see admonitions to feed the hungry.” One of those places she mentioned is in the book of Ruth, where Boaz, a wealthy land owner, helps Ruth by letting her glean what’s left in his field. Another is Leviticus 19:9-10 and Deuteronomy 24:20-21 where God instructs the Israelites to leave some food in their fields for the poor each year after harvesting. Reflect on these passages or think of other instances in the Bible where the importance of feeding the hungry is emphasized. Do these passages apply to today? Do they apply to the beggar on the street? Why or why not?

In the second segment of the show called “Potluck,” Rebecca Thatcher Murcia, author of 14 books for young adults, shares her ideas around hunger. Listen to that segment, and you can follow up with the questions below.

- Rebecca talks about ways she increases awareness of hunger in her home – through making it into a game that educates her family. In what other simple ways could you raise awareness of the problem of hunger in your family?
- Raising *awareness* about the scarcity of food in parts of our country and the world may also lead to a renewed *appreciation* for the food that your family has. Decreasing waste of food and planning more family mealtimes where food is prepared and eaten more slowly can raise this awareness. Discuss ways you can also increase your family’s appreciation for your food as well.